

Social Assistance and You

Developed by the Community Advocates Network

c/o North End Community Health Centre
2165 Gottingen Street Halifax, NS B3K 3B5

Youth Policy

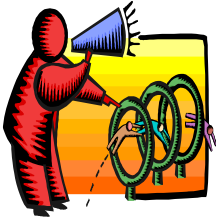
*If you are between 16 and 18 you are considered a youth.
This information sheet tells you how to get assistance.*

You must be able to prove you are in one of these situations to get assistance

- your home is unsafe or there is conflict between your parents and you
- your parents will not or cannot give you a good home
- you are in an approved school program for which you cannot get a student loan
- you are willing go to counseling or mediation
- you are willing to go to doctors, mental health or addiction programs
- you are willing to live in a supervised setting



Advocacy Tip



If you can show you have the maturity to live on your own, you can do that. Get a letter from a teacher, a counselor, a social worker or other responsible person to say that you can live on your own.

If you meet the above criteria, you may get up to \$535 for shelter. You may also be able to keep any income you earn.

Social assistance may go after support your parents for support.

Community Advocates Network: Our membership is made up of First Voice people, who are directly affected by social assistance reform, as well as groups, organizations and agencies. Together with first voice people, active members include

AIDS COALITION OF NOVA SCOTIA
ADSUM HOUSE
ADSUM COURT
ALICE HOUSING
CANADIAN MENTAL HEALTH ASSN.—DARTMOUTH BRANCH
CANADIAN NATIONAL INSTITUTE FOR THE BLIND
COMMUNITY ACTION ON HOMELESSNESS
CONNECTIONS CLUBHOUSE
CORNERSTONE FAMILY CENTRE
DALHOUSIE LEGAL AID SERVICE
DARTMOUTH FAMILY RESOURCE CENTRE
DISABLED INDIVIDUALS ALLIANCE
FEEDING OTHERS OF DARTMOUTH
HALIFAX COALITION AGAINST POVERTY
MENTAL HEALTH SOCIAL CLUB
METRO NON PROFIT HOUSING
METRO RESOURCE CENTRE FOR INDEPENDENT LIVING
NORTH END COMMUNITY HEALTH CENTRE
NS ASSN OF SOCIAL WORKERS
NS GOVERNMENT EMPLOYEES UNION
NS ASSN FOR COMMUNITY LIVING
PEOPLE FIRST OF NOVA SCOTIA
RESTORING DIGNITY
SINGLE PARENTS CENTRE
ST. GEORGE'S ROUND CHURCH
ST. VINCENT DE PAUL
ST. VINCENT DE PAUL HAND IN HAND
TEAMWORKS
VEITH HOUSE